



**PERFORMANCE 40 CLASS
UK NATIONAL CHAMPIONSHIP
31 OCTOBER – 1 NOVEMBER 2020**

**ORGANISING AUTHORITY
ROYAL YACHT SQUADRON
COWES, UK**

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

(Amended 12/10/2020)

1. RULES

- 1.1 Racing will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020 (RRS).
- 1.2 The National Authority ([RYA Prescriptions](#)) shall apply.
- 1.3 World Sailing [Offshore Special Regulations \(Category 4\)](#) shall apply.
- 1.4 Rules of the Performance 40 Class (P40 Class) in Addendum A of this NoR shall apply.
- 1.5 IRC Rules 2020 Parts A, B, and C shall apply, except that IRC rule 21.1.5 (d) & (e) shall not apply.
- 1.6 Notices to Mariners for the Ports of [Southampton](#), [Portsmouth](#) and [Cowes](#). [DP]
- 1.7 Crew numbers are limited to 80%, to the nearest whole number, of the boats IRC Certificate crew number. This changes IRC rule 22.4.
- 1.8 All crews are required to follow all the latest Covid-19 guidance from NHS England and the Government.
- 1.9 The [RYA Covid 19 Sailing & Racing Guidance](#) in England.
- 1.10 The skipper of each boat shall complete and submit a [Covid 19 Declaration Form](#) in the 24 hours immediately prior to the event. This form will be available on the [RYS Website](#). Competitors who answer 'False' to any of the questions shall not take part in the event.
- 1.11 To enable "Track and Trace" skippers shall update contact details on the Covid 19 Declaration Form if crew details change (substitutions etc).

2. NOTICES TO COMPETITORS

- 2.1 The Race Office is in the Royal Yacht Squadron (RYS).

- 2.2 The Official Notice Board (ONB) will be online at www.rys.org.uk
- 2.3 The Race Committee intends to announce approximate location of the committee boat at least 1 hour before the first warning signal on both VHF and WhatsApp.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions (SIs) made ashore will be posted by 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the RYS Lodge Flagstaff.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced by "not less than 45 minutes". This changes Race Signals AP.

5. SIGNALS MADE AFLOAT

- 5.1 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound signal five (5) minutes before a warning signal is displayed.

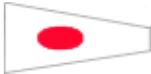
6. SCHEDULE OF RACING

- 6.1 The intention of the Race Committee is to run six (6) races over the two days of the Regatta.
- 6.2 On the last day of racing, no warning signal will be made after 1330.
- 6.3 Schedule including times of HW Portsmouth in GMT.

Day	Event Time or First Warning Signal	Notes
Sat 31 Oct HW Ports 1120 4.7m	0900 1025	Time check and RO briefing by VHF. Race 1 Warning Signal. Races 2,3, & 4 asap after each finish.
Sun 1 Nov HW Ports 1150 4.7m	0900 1025	Time check and RO briefing by VHF. Race 5 Warning Signal. Race 6 asap after finish.

7. CLASS FLAGS

- 7.1 The class flag will be:

Class Flag	ICOS Numeral Pen 1 
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8. RACING AREA

- 8.1 Racing will take place from a Committee Vessel in the Central Solent. The approximate location of the Committee Vessel will be announced on VHF Channel 77.

9. COURSES

- 9.1 The format for racing will be windward/leeward. See Addendum A.
- 9.2 Course letters and number of laps for windward leeward courses will be shown on the Committee Vessel.
- 9.3 The diagrams in Addendum A of these Sailing Instructions show the courses, including the approximate angles between legs, the order in which the marks are to be passed, and the side on which each mark is to be left.
- 9.4 The final race each day will be a "round the cans" race with courses announced over VHF using the Solent Cruising & Racing Association (SCRA) Two Character Codes with a finish on the RYS Line.
- 9.5 A chartlet showing the Solent Two Character Codes can be found in Addendum B of these Sailing Instructions.
- 9.6 No later than the Warning Signal, the Race Committee Vessel will display the approximate compass bearing of the first leg and the course to be sailed.

10. MARKS

- 10.1 With reference to Addendum A, marks 1, 1a, 4s & 4p will be orange inflatable marks.
- 10.2 With reference to gate marks 4p/4s, if only one gate mark is in position, that mark shall be rounded to port.
- 10.3 The starting marks will be a Committee Vessel and a black inflatable mark.
- 10.4 The finishing marks for Windward Leeward (W/L) courses will be a Committee Vessel and a black inflatable mark.
- 10.5 The finishing marks for the "Round the Cans" races will be between the RYS Main Flagstaff and an Orange Inflatable Buoy approximately 500m north of the RYS Main Flagstaff.
- 10.6 When a new mark has been laid to change the next leg of a W/L course it will be a black inflatable mark. If the new mark is a windward mark, then the offset mark 1a will not be laid and is no longer part of the course.

11. NAVIGATION RESTRICTIONS

- 11.1 Boats shall not anchor or kedge in the Cowes Harbour fairway or within the area denoting power cables and gas pipes between Stone Point and Gurnard Bay, as shown on Admiralty Chart 2040, or within the mining ground area north east of Ryde Sand.
- 11.2 All boats shall comply with Associated British Ports Notice to Mariners No 14 of 2019 giving details of a Precautionary Area and Moving Prohibited Zone (MPZ). The MPZ shall rank as an obstruction for the purposes of RRS 19 and 20.
- 11.3 Whilst racing, boats shall pass to the north of the Cowes Breakwater.

12. THE START

- 12.1 Races will be started by using RRS 26 with the Warning Signal made 5 minutes before the Starting Signal.
- 12.2 The starting line will be between a staff displaying an orange flag on the Committee Vessel at the starboard end and the course side of the port-end starting mark.
- 12.3 Races will not be started in less than an average of 5 knots of wind established over the entire racecourse area. This

limit may be higher if there is a strong current in the racing area.

13. RECALLS

- 13.1 The Race Committee may broadcast the bow numbers of individually recalled boats on VHF CH 77 after Flag X has been displayed, but not sooner than 30 seconds after the start. Delay or failure to do so is not grounds for redress.

14. CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1 When a change the next leg of the course has been signalled, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 14.2 The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 200 metres to windward or leeward without signalling Flag C, a direction signal, a length signal or a sound signal. This changes RRS 33.

15. THE FINISH

- 15.1 The finish line for Windward Leeward Courses will be between a staff displaying a blue flag on the Committee Signal Vessel and the course side of the port-end finishing mark.
- 15.2 The RYS Finishing Line for the "Round the Cans" races will be between the RYS Main Flagstaff and an Orange Inflatable Buoy approximately 500m north of the RYS Main Flagstaff.

16. PENALTY SYSTEM

- 16.1 RRS 44.1 is changed so that a boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing.

17. TIME LIMITS

- 17.1 The following time limits, will apply.
 - (a) Mark 1 Time Limit. The time limit for the first boat to pass Mark 1 is 45 minutes.
 - (b) Race Time Limit. The time limit for the first boat to sail the course and finish is 90 minutes.
 - (c) Finishing Window. The time limit for boats to finish after the first boat sails the course and finishes is 30 minutes.
- 17.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, or if no boat has finished within the Race Time Limit, the race shall be abandoned.
- 17.3 Boats still sailing more than 30 minutes after the first boat finishes shall be awarded the points for the place behind the last boat, which has finished the race within this time.

18. PROTESTS AND REQUESTS FOR REDRESS

- 18.1 Protest forms will be available at the Race Office. Protest and requests for redress or reopening shall be delivered to the Race Office within the protest time limit. Contact mobile phone numbers should be included on the protest form.

- 18.2 The protest limit is 90 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- 18.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located at the RYS.
- 18.4 Notices of Protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(B).
- 18.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

19. SCORING

- 19.1 The Low Point System of Appendix A will apply.
- 19.2 One (1) race shall be completed to constitute a series.
- 19.3 When one (1) to four (4) races have been completed a boats series score shall be the total of all her scores.
- 19.4 When five (5) or more races have been completed, a boat's score will be the total of her race scores excluding her worst score except that the Sunday "**Round the Cans**" race is **non-discardable**.

20. SAFETY REGULATIONS

- 20.1 A boat that retires from a race shall notify the Race Committee as soon as possible on VHF Ch 77 or by hailing an official Regatta support boat or rib. *[DP]*

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions.

22. SUPPORT BOATS

- 22.1 Team leaders, coaches and other support personnel must stay outside areas where boats are racing from the time of the preparatory signal for each start thereafter until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment. *[DP]*
- 22.2 All support boats shall carry marine VHF radios and agree to assist the Race Committee if directed to do so. *[DP]*

23. TRASH DISPOSAL

- 23.1 Trash may be placed aboard support or official boats.

24. HAUL OUT RESTRICTIONS

- 24.1 Boats shall be afloat before 1730 on the day before the Regatta begins. *[DP]*
- 24.2 Boats shall not be hauled out during the event except with and in accordance to the terms of the prior written permission of the Race Committee. *[DP]*

25. DIVING EQUIPMENT AND PLASTIC POOLS

- 25.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around competing boats between the warning signal of the first race and the end of the Regatta. *[DP]*

26. RADIO COMMUNICATIONS

- 26.1 All Boats shall carry a Marine Band VHF Radio capable of receiving all normal International Channels. *[DP]*
- 26.2 The Race Committee intends to broadcast race information and course information by VHF Ch 77.
- 26.3 Competitors wishing to communicate with the Race Committee should do so on VHF Ch 77.
- 1.1 Except in an emergency or when initiated or approved by the Race Committee, a boat that is racing shall neither make nor receive voice or data transmissions that would constitute outside assistance. *[DP]*
- 1.2 The Race Committee intends using a "Whats App" group to communicate with Competitors and a "QR code" in Addendum C of these Sis is available with details of how to join. Failure to receive information broadcast using "Whats App" will not be grounds for redress.

27. RESULTS

- 27.1 Provisional results will be posted on the ONB on the Regatta website at www.rys.org.uk as soon as possible after each race.

28. PRIZES

- 28.1 The **Performance 40 National Championship Trophy** will be awarded to the boat with the best overall score in the Regatta.
- 28.2 Prizes may also be awarded to other boats.
- 28.3 Prizegiving will be held in the RYS as soon as possible after the last race has been completed and after any protest hearings.

29. RISK STATEMENT

- 29.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 29.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - The provision of a race management team, patrol boats, and other officials and volunteers by the event

organiser does not relieve them of their own responsibilities;

- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practicably provided in the circumstances;
- (g) It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event; ^[1-1] _[SEP]
- (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

29.3 COVID Statement

- (a) By taking part in any of the events covered by these Sailing Instructions, each competitor agrees and acknowledges that they are responsible for complying with any regulations in force from time to time in respect of COVID-19 and for complying with the Royal Yacht Squadron COVID-19 procedures.
- (b) The penalty for a breach of this rule may, at the discretion of the Protest Committee, be less than disqualification. Boats may not protest for breaches of this rule. This changes rule 60.1(a). *(DP)*

30. INSURANCE

- 30.1 Each participating boat is required to hold insurance cover and in particular to hold adequate insurance against third party claims of at least £3 million.

ADDENDUM A

Course Illustrations – Windward Leeward

L

Course: Leeward finish

Signal	Mark Rounding Order
L2	Start – 1 – 4s/4p – 1 – Finish
L3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish
L4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish

W

Course: Windward Finish

Signal	Mark Rounding Order
W2	Start – 1 – 4s/4p – Finish
W3	Start – 1 – 4s/4p – 1 – 4s/4p – Finish
W4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish

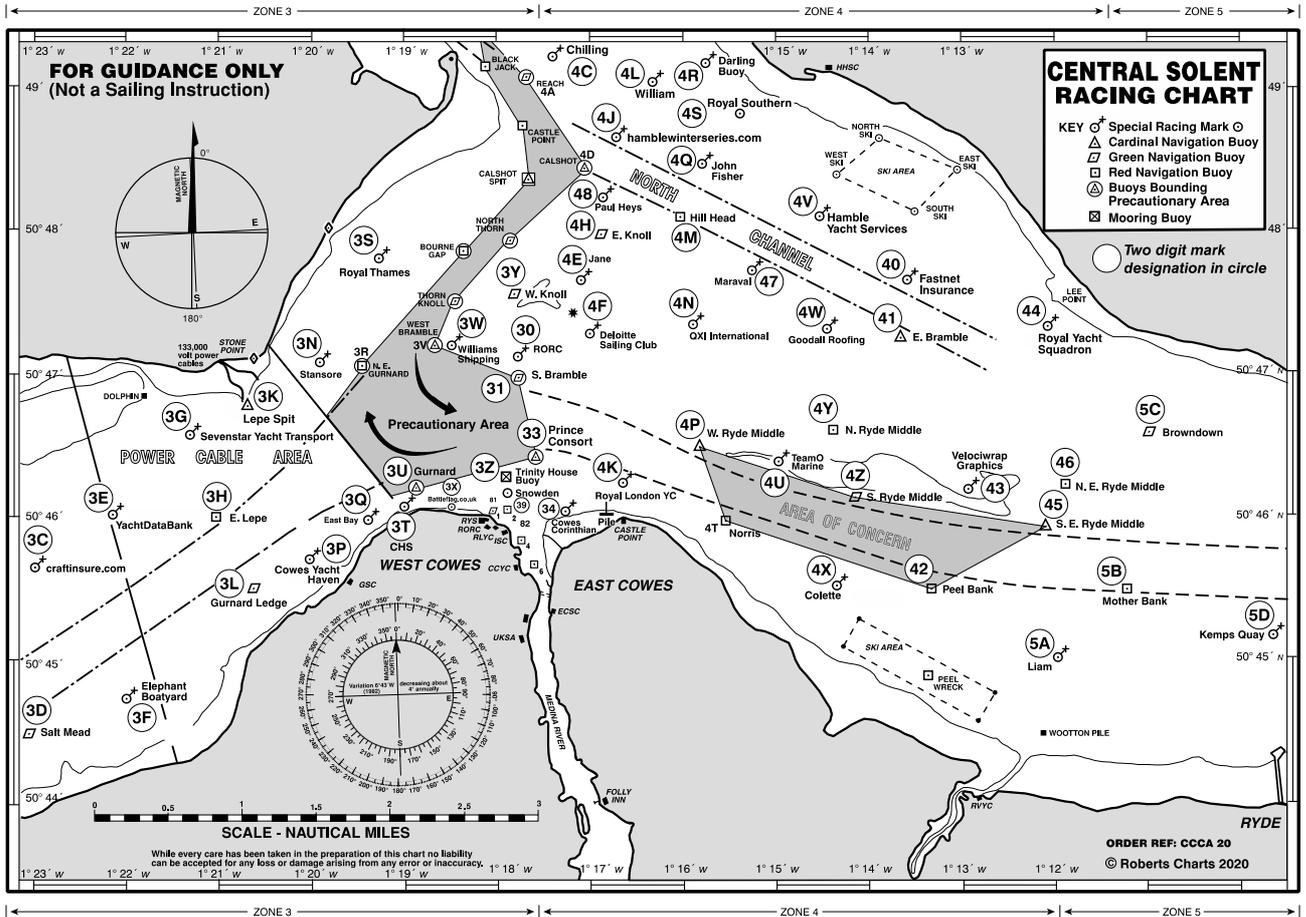
LA / WA

Course: Windward/leeward with offset mark 1a

Signal	Mark Rounding Order
LA2	Start – 1 – 1a – 4s/4p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish
LA4	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish
WA2	Start – 1 – 1a – 4s/4p – Finish
WA3	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish
WA4	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish

ADDENDUM B

- Solent Chartlets and Two Character Solent Mark Codes



ADDENDUM C

We have set up an official WhatsApp group for receiving general information from the Race Office. To join the WhatsApp group please use the below QR Code:

P40 Nationals

WhatsApp group



Instructions on using QR codes:

- For Apple phones: Please open your camera app and point it at the QR code and then follow the link it displays on your screen.
- For Android phones: Please obtain a barcode scanning app from the Google Play Store such as "Barcode Scanner", open the barcode scanning app and point it at the QR code and then follow the link it displays on your screen.