



Royal Yacht Squadron

The Castle

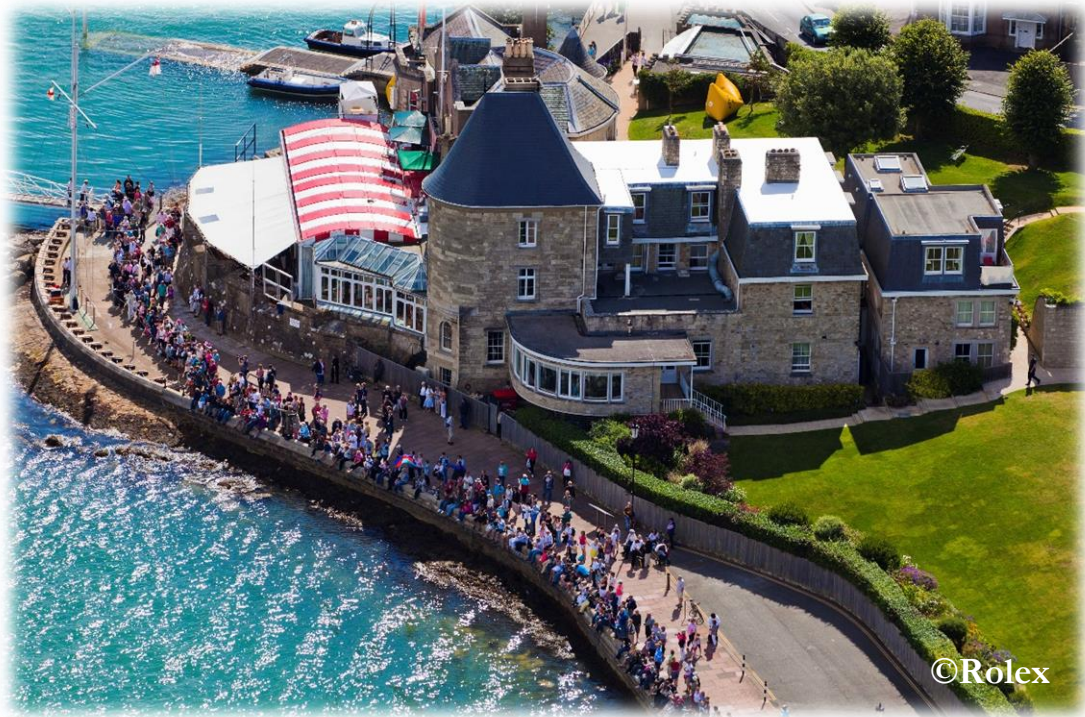
Cowes

Isle of Wight

PO31 7QT

Tel: +44 (0) 1983 292191

www.rys.org.uk



Regatta Guest Information Pack

Contents

Introduction to Cowes.....	3
Useful Information.....	3
Useful Contacts.....	3
Getting About.....	4
Ferry Services.....	4
Taxis and Car Hire Services.....	4
Water Taxis.....	4
Rib Hire.....	4
Cowes Yacht Clubs.....	5
Marinas and Moorings.....	5
Accommodation.....	6-9
Agencies.....	6
Hotels.....	6
Bed & Breakfasts.....	7
Public House Accommodation.....	7
Holiday Village Chalets.....	8
Houses.....	9
Dining.....	10 - 12
Restaurants.....	10
Cafes.....	11
Bars and Public Houses.....	12
Marine Services.....	13 - 14
Chandlers.....	13
Diving Companies.....	13
Fuel.....	13
Breakdown Assistance.....	14
Boat Builders and Repairs.....	14
Safety Equipment.....	14
Groceries.....	15
Health and Beauty.....	16
Barbers.....	16
Hairdressers.....	16
Spa Facilities.....	16
Other Services.....	17
Useful Websites.....	18

Introduction to Cowes

Situated on the west bank estuary of the River Medina is the seaport town of Cowes, which ever since the founding of the Royal Yacht Squadron in 1815 has largely been considered the home of international yacht racing.

Along with the many maritime services available in Cowes, there is a wide range of places to eat; from café culture to restaurants and pubs which play host to the vibrant nightlife in high season, offering live music and open mic nights. Throughout the largely pedestrianised town centre, there is an abundance of shops offering clothing, nautical paraphernalia, food, jewellery, and household accessories.

We have prepared this pack to give you an overview of what you will find when you arrive in Cowes, and to make planning your trip as simple as possible. Please also visit Cowes Online www.cowes.co.uk for more extensive information on Cowes.

Useful Information

Royal Yacht Squadron Flag Officers:

Commodore: The Hon Sir James Holman

Vice Commodore: P L F French Esq

Rear Commodore Finance: Jeremy Bennett Esq

Rear Commodore Yachting: B B Huber Esq

Secretary: Patricia Lewington MVO

Events Manager: Emma Preece

Treasurer: Chris Pegna

Assistant Treasurer: Keith Farr

Sailing Manager: James Hynes

Office Assistants: Jerone Smith & Annabel Randall

Contact the RYS office on: 01983 292191 or mail@rys.org.uk

Useful Contacts

Emergency Services (Ambulance, Police, Fire and Coastguard): 999

Non-Life-Threatening, Urgent Medical Assistance: 111

Non-Urgent Police Assistance: 101

Getting About

Ferry Services

There are two ferry companies which service the Island:

Red Funnel

www.redfunnel.co.uk

023 8001 9192

Passenger ferry (Red Jet) which operates:
Southampton - West Cowes

Car ferry which operates:
Southampton - East Cowes

Wightlink

www.wightlink.co.uk

0333 999 7333

Passenger ferry (Fastcat) which operates:
Portsmouth - Ryde.

Car ferries which operate:
Portsmouth - Fishbourne, and
Lymington - Yarmouth

Taxis and Car Hire Services

Cowes Cabs
01983 303020

Cowes Taxis
01983 294444

Jones Taxis
01983 282822

Water Taxi

Cowes Harbour Taxis - (VHF #77 c/c "Harbour Taxi") 07738 499730

Waterbus - (VHF #77) c/c "Waterbus" 07974 864627

Folly Launch - (VHF #72 c/c "Folly Launch") 07884 400046

Rib Hire

Marine & Property Care & Rib Charter

07979 495537

www.cowesribs.com

Griffin Marine Services

01983 826026

07876 623124

www.griffmarineservices.co.uk

Bembridge Marine

01983 872817

<https://www.bembridgemarine.com/>

Lymington Rib Charter

07887 635000

admin@solentribcharter.co.uk

8.75m Scorpion RIB for Charter

07769 972007

will@headingtons.com

Akwamarine Ltd

07836 378978

www.akwamarine.com

Cowes Yacht Clubs

Royal Ocean Racing Club Cowes

The Parade, Castle Hill, Cowes PO31 7QU

01983 293581

www.rorc.org

Royal London Yacht Club

The Parade, Cowes PO31 7QS

01983 299727

secretary@rlyc.org.uk

www.rlyc.org.uk

Island Sailing Club

70 High Street

Cowes

Isle of Wight

PO31 7RE

01983 296 621

www.islandsc.org.uk

www.roundtheisland.org.uk

admin@islandsc.org.uk

Cowes Corinthian Yacht Club

39 Birmingham Rd

Cowes

Isle of Wight

PO31 7BH

01983 296333

www.ccy.org.uk

Marinas and Moorings

Cowes Harbour Commission

01983 293952

East Cowes Marina

01983 293983

Shepards Wharf Marina

01983 297821

VHF CH69 call sign MH1

Island Harbour Marina

01983 539994

Cowes Yacht Haven

01983 299975

Newport Harbour

01983 5259

Folly Reach

07884 400046

Accommodation

Agencies

Cowes Holiday Homes

Graham Machin

07751 328717

www.cowesholidayhomes.com

cowesholidayhomes@outlook.com

Wight Escapes

(Formerly known as Regatta Lets)

info@wightescapes.com

<https://www.wightescapes.com/>

Island Cottage Holidays

01237 426781

<https://www.islandcottageholidays.com/cowes-cottages>

Hotels

The Woodvale Hotel

1 Princes Esplanade, Gurnard, PO31 8LE

01983 292037

www.hotelcowes.co.uk

New Holmwood Hotel

65 Queen's Road, Cowes, PO31 8BW

01983 292508

www.newholmwoodhotel.co.uk

Foresters Hall

30, 32 Sun Hill, Cowes PO31 7TR

01983 209453

<https://forestershall.com/>

Villa Rothsay Hotel

Baring Road, Cowes, PO31 8DF

01983 295178

Email: hotel@villa-rothsay.co.uk

www.villa-rothsay.co.uk

Pinnacle Suites

104A High St, Cowes, Isle of Wight,

PO31 7AT

01983 240287

<https://www.pinnaclesuites.co.uk/>

Bed & Breakfasts

Endeavour House

47 Mill Hill Road
Cowes
PO31 7EG
01983 297406

www.endeavourhousecowes.co.uk

Caledon Guest House

59 Mill Hill Road
Cowes
PO31 7EG
01983 293599

www.the-caledon.co.uk

Onefifty Cowes

150 Park Road
Cowes
PO31 7NE
07795 296 399

www.onefiftycowes.co.uk

Holly Tree House

218 Park Road
Cowes
PO31 7BG
01983 246227

<https://www.hollytreehousecowes.co.uk/>

Anchorage Guesthouse

Mill Hill Road
Cowes
01983 247975

www.anchoragecowes.co.uk

Westbourne House

43 Birmingham Road
Cowes
PO31 7BH
01983 290009 / 07871 845032

<http://westbourne-house-bed-breakfast.isle-of-wight-uk.com/en/>

Crews Quarters

2 Sun Hill
Cowes
PO31 7HY
Call Karen on 07966 455932

<https://crewsquarterscowes.com/>

Oak Cottage B & B

Oak Cottage, Castle Road, Cowes, Isle
of Wight, PO31 7QZ
07971 187602

<https://oakcottagecowes.com/>

www.airbnb.co.uk

PUBLIC HOUSE ACCOMMODATION

The Anchor Inn

1-3 High Street, Cowes PO31 7SA
01983 292823

www.theanchorcowes.co.uk

The Union Inn

Watchhouse Lane, Cowes PO31 7QH
01983 532444

www.unioninncowes.co.uk

The Fountain Hotel

High Street, Cowes PO31 7RR
01983 292397

www.oldenglishinns.co.uk/our-locations/the-fountain-inn-cowes

Duke of York

Mill Hill Road, Cowes PO31 7BT
01983 295171

www.dukeofyorkcowes.co.uk

Holiday Village Chalets

Thorness Bay Holiday Park

Thorness Lane

Nr Cowes

Isle of Wight

PO31 8NJ

0330 123 4895

www.parkdeanresorts.co.uk

Houses

Myles Harrison

Flat 1
Regency House
High Street
Cowes
07769 642220
mharris8@its.jnj.com

Cath Giraudon

Lisburne
61 Queen's Road
Cowes
07770 914250

Carlton Cottage

Queen's Road
Cowes
07771 905794
<https://www.booking.com/hotel/gb/carlton-cottage-3007820.en-gb.html>

Sarah Carro

Cowes Cottage
07908 616801
<https://airbnb.com/h/cowescottage>

Gray's Inn

Union Road
Cowes
PO31 7TW
01983 200770
07939 028889
<http://grays-inn.isle-of-wight-uk.com/en/>

Alison Wheeler

Crew House
Aliw29sjhg@hotmail.com

Busigny House

16 Castle Rd, Cowes PO31 7QZ
07748990789
mariamoore64@icloud.com
<https://busigny.co.uk>

Jo Bowden

Apartment 18 at No 1 The Parade
<https://www.wightescapes.com/properties/22697>
jo@crewkit.co.uk

Virginia Forsyth

07740701610
Please press the Air BnB link below
[Crew House in Cowes](#)
forsythvirginia@gmail.com

Dining

Restaurants

The Smoking Lobster
01983 240916
www.smokinglobstercowes.co.uk

The Garden
01983 300142
[The Garden Website](#)

The Summer Garden
(Seasonal at ISC)
01983 300141
[The Summer Garden](#)

Harbour Kitchen
01983 297559
www.theharbourkitchen.co.uk

Call It What You Want
01983 302666
<https://www.ciwyw.co.uk/>

Mojac's
01983 281118
www.mojacs.co.uk

The Globe
01983 632363
<https://www.globecowes.co.uk/>

Cowes House
01983 301103
<https://www.housecowes.com/menu>

The Coast Bar
07831 331717 / 01983 298574
www.thecoastbar.co.uk

Foresters Hall
01983 209453
<https://forestershall.com/>

Number 3
01983 291714
www.number3cowes.com

The Basque Kitchen
07481 741056
<https://thebasquekitchen.co.uk/>

The Red Duster
01983 290311
www.theredduster.com

Cowes Tandoori
01983 296710
<https://www.cowestandoori.co.uk/>

Bahar Tandoori
01983 200378
bahartandoori.uk

Murrays
01983 296233
www.murrays.co

Tonino's
01983 298464
toninoscowes.co.uk

Pontoon View - Bar & Food
(Seasonal)
01983 242800
<https://www.cowesyachthaven.com/marina-boatyard/pontoonview/>

Cafés & Delicatessen

Little French Franks

Baguette & Salad Bar
01983 716543

<https://www.frenchfranks.co.uk/>

Manny's

Baguette & Salad Bar
07516 819619

<https://www.facebook.com/MannysBaguettes/>

Comic Coffee Cowes

Café
01983 472916

<https://www.comicoffee.uk/>

Captain Pizza

Pizza Takeaway
01983 300141

<https://www.captainpizzacowes.com/>

Jolliffes

Café

<https://www.facebook.com/jolliffeseatery/>

Sounds & Grounds

Music & Coffee Café

<https://www.sounds-grounds.co.uk/home>

Baked By Jen

Bakery
07854 415089

<https://www.facebook.com/BakedbyJeniow>

Lost Mill Bakery

01983 241959

<https://www.lostmillbakery.com/>

Well Bread

Bakery
01983 281814

<https://jmaps.net/well-bread>

Bars and Public Houses

*See Public House Accommodation

Compass Bar

10 High St, Cowes, Isle of Wight, PO31 7RZ
01983 475245

Pier View

25 High St, Cowes, Isle of Wight, PO31 7RY
01983 294929

Vectis Tavern

103 High St, Cowes PO31 7AT
01983 238439

Cowes Ale House

5A Shooters Hill, Cowes, Isle of Wight, PO31 7BE
01983 294027

The Globe

The Parade, Cowes, Isle of Wight, PO31 7QJ
01983 632363

The Union Inn

Watch House Lane, Cowes, Isle of Wight, PO31 7GH
01983 532444

Marine Services

Chandlers

Jolliffes Chandlery

2-4 Birmingham Road, Cowes, Isle of Wight
01983 290100

Marine Bazaar

225 Arctic Road, Cowes, Isle of Wight
01983 298869

Pascall Atkey

29-30 High Street, Cowes, Isle of Wight
01983 292381

Spencer Rigging

Empire Building, St Mary's Road, Cowes, Isle of Wight
01983 292022

www.spencerrigging.co.uk

Diving Companies

MMC Ltd

Medina River, Cowes, Isle of Wight
07966 579965

info@mmc-worldwide.com

Island Divers

Unit 2 Medina Village, Bridge road, Cowes, Isle of Wight
01983 240255

www.iowdivers.co.uk

Fuel

Cowes Harbour Fuels

Harbour Office, Town Quay, Cowes, Isle of Wight
01983 293952 (Harbour Office) or 01983 200716

Lallows Boatyard

3 Medina Road, Cowes, Isle of Wight
01983 292112

www.lallowsboatyard.co.uk

Breakdown Assistance

Sea Start

Unit 13, Hamble Point Marina, Hamble, Hampshire
0800 885500 & 01489 557364

www.seastart.co.uk

Boat Builders and Repairs

Composite Craft Ltd

Medina Yard, Pelham Road, Cowes, Isle of Wight
07971 817444

Will Squibb Boatbuilders & Marine Surveyors

Attrills Yard, The Duver, St Helens, Isle of Wight
01983 874629

www.willsquibb.net

A&M Fabrications

Unit 42, Medina Village, Medina Road, Cowes, Isle of Wight
01983 297999

<https://www.alloy-boats.co.uk/>

David Heritage Yachts

Address 5-6 Saunders Drive, Cowes, PO31 8HU

01983 280065

07779653393

<http://www.davidheritage.co.uk/>

Safety Equipment

Team O Marine Safety Products

07503 461259

www.teamomarine.com

SeaSafe Systems

Mariners House, Mariners Way,

Somerton Business Park,

Newport Road,

Cowes

01983 282388

www.seasafe.co.uk

Groceries

The Butchers

23 High Street, Cowes, Isle of Wight
01983 293129

Healthy Indulgence

110 High Street, Cowes, Isle of Wight
01983 210042

Phillips Seafood & Smoke House

111 High Street, Cowes, Isle of Wight
01983 282200

Rosalies of Cowes

74 High Street, Cowes, Isle of Wight
01983 303672

Sainsbury's

129-130 High Street, Cowes, Isle of Wight
01983 273400

Marks and Spencer

Terminus Road, Cowes, Isle of Wight
01983 329296

Waitrose

Well Road, East Cowes, Isle of Wight
01983 295680

Aldi

Airfield Way, Cowes, Isle of Wight
+1 855-955-2534

Health and Beauty

Barbers

Beresford's Barber Shop

2 Shooters Hill, Cowes, Isle of Wight
01983 293863

McGregors Gentlemen's Barbers

15 Carvel Lane, Cowes, Isle of Wight
01983 249228

Hair Port Unisex Hairdressers

113A High Street, Cowes, Isle of Wight
01983 291331

Hairdressers

K&H Hairdressers

3 The Arcade, Cowes, PO31 7AR
01983 299000

<https://www.khhairdressing.co.uk/>

Charlotte's Academy

9 Birmingham Road, Cowes, PO31 7BH
01983 200960

<https://www.charlottesacademy.co.uk/>

Spa Facilities

BeCalmed Spa Therapy Centre

8 Birmingham Road, Cowes, Isle of Wight
01983 296655

<https://becalmedincowes.co.uk/>

Other Services

Osbornes – Dry Cleaning

119 High Street, Cowes, Isle of Wight
01983 280974

Cowes Post Office

155 Mill Hill Road, Cowes, Isle of Wight, PO31 7EL

VecWash Launderette

1 Mill Hill Road, Cowes, Isle of Wight
01983 294698

Leslies Motors – Car Hire

341-351 Newport Road, Northwood, Isle of Wight
01983 293333

Useful Websites

Cowes Online

www.cowes.co.uk

Cowes Harbour Commission

www.cowesharbourcommission.co.uk

Cowes Yacht Haven

www.cowesyachthaven.com

Isle of Wight Tourist Information

www.visitisleofwight.co.uk

Isle of Wight Council Visitor Services

www.iwight.com/visitors

Royal Yacht Squadron

www.rys.org.uk

BBC Weather

www.bbc.co.uk/weather

Osborne House

www.english-heritage.org.uk/daysout/properties/osborne

