



RYS COMMODORE'S INVITATIONAL REGATTA

3 - 4 JULY 2019 COWES

**ORGANISING AUTHORITY:
ROYAL YACHT SQUADRON**

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than disqualification.

1. RULES AND REGULATIONS

The regatta will be governed by:

- 1.1 The rules as defined in the Racing Rules of Sailing 2017-2020(RRS).
- 1.2 The J70 Class Rules.
- 1.3 The byelaws for the Port of Southampton, Portsmouth Harbour and Cowes Harbour.

2. NOTICES TO COMPETITORS

- 2.1 The Race Office and Official Notice Board (ONB) will be located in the Royal Yacht Squadron (RYS).

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions (SIs) made ashore will be posted by 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the RYS Flagstaff.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced by "not less than 45 minutes". This changes Race Signals AP.

5. SIGNALS MADE AFLOAT

- 5.1 After a long postponement, to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed on the Committee Vessel with one sound signal at least four minutes before a warning signal is displayed.

6. SCHEDULE

- 6.1 The Race Committee intends to run six (6) races during the two days of the regatta as shown in the table below but may alter the schedule of races to cater for adverse weather conditions.
- 6.2 All times are UTC plus 1 hour (British Summer Time).

- 6.3 The Race Committee may also run a passage race back to finish on the RYS line at the end of each days racing.
- 6.4 There will be no warning signal after 1530 on the last day of racing.
- 6.5 Schedule

Date	Event	Time
Tue 2 July HW Portsmouth 0950 - 4.2m	Registration in RYS.	0900 – 1700
	Skipper Briefing in RYS.	1830
	Opening Reception & Supper in RYS.	1900
Wed 3 July HW Portsmouth 1230 - 4.6m	Daily Briefing in RYS. Free Practice Session First Warning Signal	0830 0930 1125
	Warning Signals for Races 2, 3 & Passage Race	ASAP after each race.
	Supper in RYS.	1930
Thur 4 July HW Portsmouth 1320 - 4.7m	Daily Briefing in RYS. First Warning Signal.	0830 1025
	Warning Signals for Races 5 & 6.	ASAP after each race.
	Prizegiving	1700

7. CLASS FLAGS

- 7.1 The class flag will be ICOS Flag J.

8. RACING AREA

- 8.1 Racing will take place from a Committee Vessel in the Central or Eastern Solent. The approximate location of the Committee Vessel will be announced on **VHF CH 77** at the daily briefing and least 30 minutes before the first Warning Signal on each day of racing.

9. COURSES

- 9.1 The format for racing will be windward/leeward. See Addendum A.
- 9.2 The diagrams in Addendum A of these Sailing Instructions show the courses, the order in which the marks are to be passed, and the side on which each mark is to be left.
- 9.3 The course to be sailed will be designated by displaying a letter and number from the Committee Vessel no later than the Warning Signal.
- 9.4 The course for any Passage Race will be given over VHF Radio CH 77 using the Solent Two Character Codes in Addendum B of these SIs.

10. MARKS

- 10.1 With reference to Addendum A. Marks 1, 1a, 4s & 4p will be orange inflatable marks.
- 10.2 A new mark, as provided in SI. 14 will be a Black inflatable mark.
- 10.3 The starting and finishing marks will be orange inflatable marks.
- 10.4 The Passage Race will use fixed navigation buoys, racing marks and inflatable buoys using the Solent Two Character Codes. See Addendum B of these SIs.

11. NAVIGATION RESTRICTIONS

- 11.1 Boats shall not anchor or kedge in the Cowes Harbour fairway or within the area denoting power cables and gas pipes between Stone Point and Gurnard Bay, as shown on Admiralty Chart 2040, or within the mining ground area north east of Ryde Sand.
- 11.2 All boats shall comply with Associated British Ports Notice to Mariners No 3 of 2016 giving details of a Precautionary Area and Moving Prohibited Zone (MPZ). The MPZ shall rank as an obstruction for the purposes of RRS 19 and 20.
- 11.3 Whilst racing, boats shall pass to the north of the Cowes Breakwater.

12. THE START

- 12.1 The starting line will be between a staff displaying an orange flag and the course side of port end starting mark.
- 12.2 Late Starting: a boat starting later than 10 minutes after her starting signal will be scored DNS.

13. RECALLS

- 13.1 The Race Committee may broadcast the sail numbers of individually recalled boats on VHF CH 77 no sooner than 30 seconds after Flag X has been displayed. Failure to do so will not be grounds for redress. This changes RRS 62.1(a).

14. CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1 To change Mark 1 of the course, the Race Committee may lay a new mark and remove the original mark as soon as practicable.
- 14.2 The position of any laid inflatable mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous laid mark(s) and up to approximately 200 metres to windward or leeward without signalling Flag C nor + nor -. This changes RRS 33.

15. THE FINISH

- 15.1 The finish line for the courses in Addendum A will be between a staff displaying a Blue Flag on a Committee Vessel and the course side of the finishing mark.
- 15.2 The finish line for the Passage Race will be between the RYS Main Flagstaff and an Orange Inflatable Buoy "Alpha" approximately 500m North of the RYS Flagstaff.

16. PENALTY SYSTEM

- 16.1 Rule 44.1 is changed so that the Two-Turns penalty is replaced by the One-Turn Penalty.

17. TIME LIMITS

- 17.1 The following time limits, will apply.
- (a) Mark 1 Time Limit. The time limit for the first boat to pass Mark 1 is 30 minutes.
- (b) Race Time Limit. The time limit for boats to sail the course and finish is 60 minutes.
- (c) Finishing Window. The time limit for boats to finish after the first boat sails the course and finishes is 30 minutes.
- 17.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, or if no boat has finished within the Race Time Limit, the race shall be abandoned.

- 17.3 Boats failing to finish within the Finishing Window shall be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

18. PROTESTS AND REQUESTS FOR REDRESS

- 18.1 Protest forms are available at the Race Office in RYS. Protest and requests for redress or reopening shall be delivered to the Race Office within the protest time limit. Contact mobile phone numbers shall be included on the protest form.
- 18.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- 18.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located at the RYS.
- 18.4 Notices of Protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(B).
- 18.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

19. SCORING

- 19.1 Low points scoring system will apply.
- 19.2 An overall points series will be run, and prizes will be awarded to the first three boats.
- 19.3 One completed race is required to constitute a series.
- 19.4 When one to four (1-4) races have been completed a boat's series score shall be the total of her race scores.
- 19.5 When five (5) or more races are completed a boat's series score shall be the total of her race scores excluding her worst score.
- 19.6 There will be a prizegiving as soon as possible after racing on Thursday 4 July.

20. SAFETY REGULATIONS

- 20.1 A boat that retires from a race shall notify the Race Committee as soon as possible on VHF CH 77 or by hailing an official regatta support boat or rib. *[DP]*

21. REPLACEMENT OF CREW OR EQUIPMENT

- 21.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee. Requests for substitution shall be made in writing to the Race Committee at the first reasonable opportunity. *[DP]*
- 21.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Requests for substitution shall be made in writing to the committee at the first reasonable opportunity. *[DP]*

22. EQUIPMENT AND MEASUREMENT CHECKS

- 22.1 A boat or equipment may be inspected at any time for compliance with the Class Rules and Slis.
- 22.2 On the water, a boat may be instructed by the Race Committee to proceed immediately to a designated area for inspection.

23. SUPPORT BOATS

- 23.1 All support boats must carry marine VHF radios and agree to assist the Race Committee if directed to do so. *[DP]*
- 23.2 Support boats shall stay outside areas where boats are racing from the time of the first warning signal of the day until the conclusion of racing for the day or unless otherwise indicated by the Race Committee. *[DP]*

24. TRASH DISPOSAL

- 24.1 Trash may be placed aboard support or official boats.

25. HAUL OUT RESTRICTIONS

- 25.1 Boats shall not be hauled out during the event except with and in accordance to the terms of the prior written permission of the Race Committee. *[DP]*

26. DIVING EQUIPMENT AND PLASTIC POOLS

- 26.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around competing boats between the warning signal of the first race and the end of the Regatta. *[DP]*

27. RADIO COMMUNICATIONS

- 27.1 All boats shall carry a Marine Band VHF Radio capable of receiving all normal International Channels. All VHF communication shall be on International VHF channels. *[DP]*
- 27.2 The Race Committee intends to broadcast race information and course information on VHF CH 77.
- 27.3 Competitors wishing to communicate with the Race Committee should do so on VHF CH 77.
- 27.4 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction applies to all communication devices. *[DP]*

28. PRIZES

- 28.1 The prizegiving will be held at the Royal Yacht Squadron as soon as possible after racing has finished on Thursday 12 July.

29. RISK STATEMENT

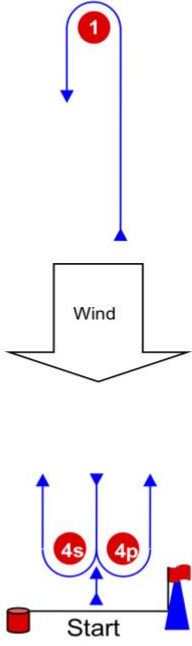
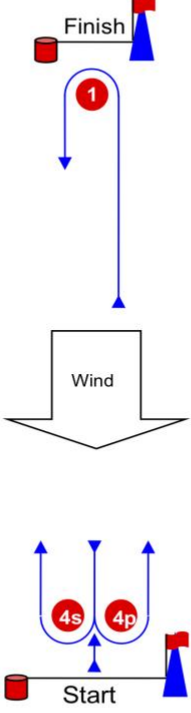
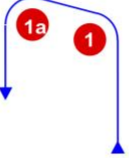
- 29.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 29.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

- (e) The provision of a race management team, patrol boats, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
- (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

30. INSURANCE

All supplied boats shall be covered by Third Party Liability Indemnity of £3 million and such cover will be maintained in full force throughout the event.

ADDENDUM A

Course Illustrations – Windward Leeward																	
<div style="text-align: center; font-size: 2em; font-weight: bold; margin-bottom: 20px;">L</div>  <p style="text-align: center;">Course: Leeward finish</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; width: 10%;">Signal</th> <th style="text-align: left;">Mark Rounding Order</th> </tr> </thead> <tbody> <tr> <td>L2</td> <td>Start – 1 – 4s/4p – 1 – Finish</td> </tr> <tr> <td>L3</td> <td>Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish</td> </tr> <tr> <td>L4</td> <td>Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish</td> </tr> </tbody> </table>	Signal	Mark Rounding Order	L2	Start – 1 – 4s/4p – 1 – Finish	L3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish	L4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish	<div style="text-align: center; font-size: 2em; font-weight: bold; margin-bottom: 20px;">W</div>  <p style="text-align: center;">Course: Windward Finish</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; width: 10%;">Signal</th> <th style="text-align: left;">Mark Rounding Order</th> </tr> </thead> <tbody> <tr> <td>W2</td> <td>Start – 1 – 4s/4p – Finish</td> </tr> <tr> <td>W3</td> <td>Start – 1 – 4s/4p – 1 – 4s/4p – Finish</td> </tr> <tr> <td>W4</td> <td>Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish</td> </tr> </tbody> </table>	Signal	Mark Rounding Order	W2	Start – 1 – 4s/4p – Finish	W3	Start – 1 – 4s/4p – 1 – 4s/4p – Finish	W4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish
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ADDENDUM B

